

**Worksheet**

***Cases Growth Mindset***

Below you find some examples of situations in which your mindset can play a role in how you deal with these possible situations. Discuss the examples with your group. Discuss and answer the questions that are described together with the different situations. Also come up with an example of a situation together. This can be something you have experienced or been through.

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| **Situation** | **What would you think from a growth mindset? How could you respond to this situation from a growth mindset?** | **What would you do next? What actions would you take?** |
| ***1.*** You thought you had prepared an inspiring and interesting lesson for your class, but you receive much more feedback than you had hoped for. |  |  |
| ***2.*** Your colleagues receive positive feedback on their performance, while you receive mostly areas for improvement. |  |  |
| ***3.*** You have invested a lot of (free) time and attention in guiding a student. During the graduation ceremony, this student thanks another colleague extensively for the help and support provided. |  |  |
| ***4.*** own example |  |  |